



THE HOLY EUCHARIST
Fifth Sunday after the Epiphany
February 8, 2026 • 10am

Welcome to St. Paul's! We are grateful for your presence in worship and look forward to welcoming you into this life we share through the love of Jesus Christ! Please don't forget to silence your devices as our worship service begins.

Families are welcome to sit anywhere they would like, including our dedicated children's area in the Chapel, which features self-directed activities and books.

Restrooms are located in the Parish Hall on the Occidental Avenue side of the church campus. Our worship service is live-streamed on St. Paul's YouTube Channel, where we welcome online friends to pray with us.

All are warmly invited to participate in Holy Communion at St. Paul's. If you prefer not to receive the wine, simply cross your arms over your chest as the Eucharistic Minister greets you saying, "the Blood of Christ, the Cup of Salvation." Thank you for sharing the light of your presence with our community! May God's presence be very near to you in this sacred season.

Prelude

February (Das Jahr), Fanny Hensel (1805-1847)

All stand to sing stanzas 1, 3-5

Processional Hymn 493

"O for a thousand tongues to sing," Azmon

Opening Acclamation

Celebrant Blessed be God: Creator, Savior, and Holy Spirit.

People **And blessed be God's reign of love now and forever. Amen.**

The Gloria is found on the next page.

All sing
Gloria

Deutsche Messe, Franz Schubert (1797-1828)

Glo - ry, glo - ry to
God in the high-est, and peace to his peo-ple on earth. Lord God, hea-ven-ly King, al -
migh-ty God and Fa - ther. We wor-ship you, we give you thanks, we praise you for your
glo - ry, we praise you for your glo - ry. Lord, Lord Je - sus Christ,
on - ly Son of the Fa - ther, Lord God, Lamb of God, you take a - way the
sin of the world, have mer - cy on us, You are sea - ted at the right hand of the -
Fa - ther, re - ceive our pray'r, re - ceive our pray'r. For you a -
alone are the Ho-ly one, you a - lone are the Lord. You a - lone are the Most High,
Je - sus Christ, with the Ho - ly Spi - rit in the glo - ry of God the
Fa - ther. A - - - - men. A - - men.

The Collect of the Day

Celebrant God be with you.
People And also with you.
Celebrant Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

The people are seated.

The First Lesson

A Reading from the Book of the Prophet Isaiah

Shout, do not hold back!
Lift up your voice like a trumpet!
Announce to my people their rebellion,
to the house of Jacob their sins.
Yet day after day they seek me
and delight to know my ways,
as if they were a nation that practiced
righteousness
and did not forsake the ordinance of
their God;
they ask of me righteous judgments,
they delight to draw near to God.
“Why do we fast, but you do not see?
Why humble ourselves, but you do
not notice?”
Look, you serve your own interest on
your fast day,
and oppress all your workers.
Look, you fast only to quarrel and to fight
and to strike with a wicked fist.
Such fasting as you do today
will not make your voice heard on
high.
Is such the fast that I choose,
a day to humble oneself?

Isaiah 58: 1-9a

Is it to bow down the head like a bulrush,
and to lie in sackcloth and ashes?
Will you call this a fast,
a day acceptable to the LORD?
Is not this the fast that I choose:
to loose the bonds of injustice,
to undo the thongs of the yoke,
to let the oppressed go free,
and to break every yoke?
Is it not to share your bread with the
hungry,
and bring the homeless poor into your
house;
when you see the naked, to cover them,
and not to hide yourself from your
own kin?
Then your light shall break forth like the
dawn,
and your healing shall spring up
quickly;
your vindicator shall go before you,
the glory of the LORD shall be your
rear guard.
Then you shall call, and the LORD will
answer;
and shall cry for help, and he will say,
Here I am.

After the reading, the reader says

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

Cantor sings REFRAIN. All sing REFRAIN. Choir sings verses.

This lit - tle light of mine, I'm goin' - a let it shine. 8

- 1 Hallelujah! Happy are they who fear God * and have great delight in the commandments!
- 2 Their descendants will be mighty in the land; * the generation of the upright will be blessed.

All sing REFRAIN.

- 3 Wealth and riches will be in their house, * and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; * the righteous are merciful and full of compassion.

All sing REFRAIN.

- 5 It is good for them to be generous in lending * and to manage their affairs with justice.
- 6 For they will never be shaken; * the righteous will be kept in everlasting remembrance.

All sing REFRAIN.

- 7 They will not be afraid of any evil rumors; * their heart is right; they put their trust in God.
- 9 They have given freely to the poor, * and their righteousness stands fast for ever; they will hold up their head with honor.

All sing REFRAIN.

The Second Lesson

1 Corinthians 2: 1-12

A reading from the First Letter of Paul to the Church in Corinth.

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

"What no eye has seen, nor ear heard,
nor the human heart conceived,
what God has prepared for those who love him"—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

After the reading, the reader says

Reader Hear what the Spirit is saying to God's people.

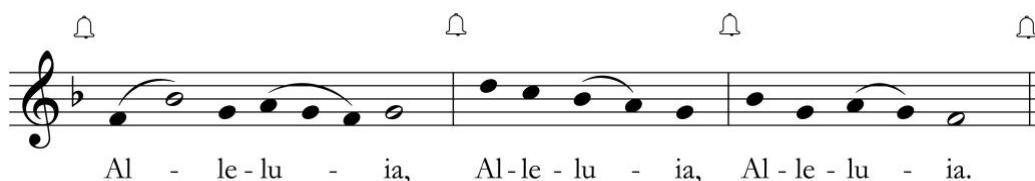
People **Thanks be to God.**

All stand.

Alleluia Verse

Chant, based on the *O Antiphons*

Cantor sings ALLELUIA. All sing ALLELUIA.



Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

Cantor You are the light of the world. Let your light shine before others.

All sing ALLELUIA.

The Holy Gospel

Matthew 5: 13-20

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory to you, Lord Christ.**

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

After the Gospel, the reader says

Reader The Gospel of the Lord.
People **Praise to you, Lord Christ.**

The people are seated.

Sermon

Dr. Craig Hou

All stand with the Celebrant

The Nicene Creed

We believe in one God,
the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made, of one Being with the Father.
Through him all things were made.

For us and for our salvation he came down from heaven:
by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

Who with the Father and the Son is worshiped and glorified.

Who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Creating God, you have made us in your image that we might reflect your glory, hear us now as we say, Lord in your mercy, hear our prayer.

Be present in and guide your church that it might always stand for the way that leads to life and light. In the Anglican cycle of prayer we pray for Hong Kong Sheng Kung Hui. We also pray for SEA Episcopal Church, San Bruno & South San Francisco in the Diocese of California.

Lord in your mercy, **hear our prayer.**

Grant your wisdom and mercy to all who hold authority in our lives that their leadership might benefit all people and bring about a just and equitable world.

Lord in your mercy, **hear our prayer.**

We offer to you the deepest needs and longings of our own hearts, help us to grow into the people you created us to be and to take up the work you have given us to do.

Lord in your mercy, **hear our prayer.**

Open our eyes to behold the glory of your Creation that we might take up our responsibilities to preserve and protect it with joy.

Lord in your mercy, **hear our prayer.**

Extend your healing presence to all who suffer and restore them to a sense of wholeness. We pray especially for Edward & Joan Anders, Ants Astesano, Virginia & Jack Corcoran, Daiva Gaputis, Rodney Gehrke, Michael Kimball, Jen Norman, and Jim Prescott.

Lord in your mercy, **hear our prayer.**

Welcome all who have died into your loving presence and bring us also into that new kingdom in your new age.

Lord in your mercy, **hear our prayer.**

You have offered us the gift of grace and reconciliation through the life, death, and resurrection of Christ. Let us live into your Son's example that we might also know abundant life in your presence. All we ask, we ask through our Lord and intercessor, who with you and Holy Spirit lives reigns eternally. **Amen.**

The Confession of Sin and Absolution

Let us confess our sins against God and our neighbor.

Silence may be kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

We are the body of Christ. In the one Spirit we were all baptized into one body. Let us then pursue all that makes for peace and builds up our common life. The peace of Christ be with you always.

And also with you.

The people greet one another with a sign of Christ's peace and then are seated.

Announcements

Offertory Anthem

Precious Lord, Thomas Dorsey (1899-1933), arr. Arnold Sevier

*Precious Lord, take my hand, lead me on, let me stand, I am tired, I am weak, I am worn;
Through the storm, through the night, lead me on to the light. Take my hand, Lord, and lead me home.
When my way grows drear, precious Lord, linger near, when my life is almost gone,
At the river, Lord, I stand, guide my feet and hold my hand: Take my hand, Lord, and lead me home.*

All stand to sing

Presentation Hymn 383

"Fairest Lord Jesus," St. Elizabeth

The Great Thanksgiving

Eucharistic Prayer A

The Book of Common Prayer, p. 361

The musical notation consists of four staves of music. The first staff (Celebrant) has lyrics: "The Lord be with you. And also with you." The second staff (People) has lyrics: "Lift up your hearts. We lift them to the Lord." The third staff (Celebrant) has lyrics: "Let us give thanks to the Lord our God." The fourth staff (People) has lyrics: "It is right to give God thanks and praise."

The Celebrant continues until saying

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

All are invited to sing

Sanctus *harmony at S130*

Deutsche Messe, Franz Schubert (1797-1828)



Ho - ly, ho - ly, ho - ly Lord, God of power and
might, Ho - ly, ho - ly, ho - ly Lord,
God of power and might, hea - ven and earth are
full, full of your glo - - ry, Ho -
san - na in the high - est. Ho - san - na
in the high - est. Bless'd is the one who comes
in the name of the Lord. Ho - san - na
in the high - est. Ho - san - na in the high - est.

The Celebrant continues the Eucharistic Prayer, giving thanks for God's work of redemption through Jesus Christ and consecrating the bread and wine for Holy Communion. The people join in sacramental witness, speaking to the mystery of God's saving grace:

...Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues with prayers of thanksgiving and concludes with this phrase of invitation to the Great Amen.

All this we ask through your Son Jesus Christ: By whom, and with whom, and in whom, in the unity of the Holy Spirit all honor and glory are yours, Most Blessed One, now and forever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to pray,

The Lord's Prayer *All are invited to sing*

Maurice Duruflé (1902-1986)

The musical score for the Lord's Prayer by Maurice Duruflé consists of three staves of music. The top staff is in treble clef, the middle in bass clef, and the bottom in bass clef. The music is in 3/4 time, with various key changes indicated by key signatures and numerals. The lyrics are written below the music, corresponding to the traditional text of the Lord's Prayer. The music features a mix of eighth and sixteenth notes, with some sustained notes and rests.

Our Fa - ther who art in heav'n, hal-low'd be thy name. Thy king-dom come,

thy will be done on earth as it is in heav'n. Give us this day our

dai - ly bread. And for - give us our tres-pas-ses, As we for - give those who tres-pass a-

gainst us. And lead us not in-to temp - ta - tion, But de-liv-er us from e - vil.

The Breaking of the Bread

The Celebrant breaks the Bread. A period of silence is kept.

All are invited to sing

Agnus Dei

Deutsche Messe, Franz Schubert

Jesus, Lamb of God: have mercy on us.

Jesus, bearer of our sins: have mercy on us.

Jesus, redeemer, redeemer of the world:
give us your peace, give us your peace.

Invitation to Communion

The Celebrant lifts the bread and wine saying,

The table is ready so come. You who have much faith and you who would like to have more. You who have been here often and you who have not been for a long time. You who have tried to follow Jesus and you who have failed. Come, because it is Christ who invites us to meet God here.

All who are drawn to Christ are welcome to receive communion at St. Paul's. Please follow the usher's invitation to receive the bread (gluten free wafers available upon request) and wine at the altar rails. If you would like a blessing instead of the Eucharist, please cross your arms over your chest.

Communion Anthem

This little light of mine, Spiritual, arr. Moses Hogan (1957-2003)

This little light of mine, I'm gonna let it shine.

All through the night I'm gonna let it shine.

My God gave it to me, I'm gonna let it shine, children.

In my home, All over the world, let it shine.

Postcommunion Prayer

All stand as the Celebrant invites,

Let us pray.

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

The Blessing

May Jesus Christ, Son of the living God, teach you to walk in his way more trustfully, to accept his truth more faithfully, and to share his life more lovingly; that by the power of the Holy Spirit you may as one family glimpse the kingdom of heaven. And the blessing of God whose reign of love is transforming all people and places with holy possibilities be with you all evermore. **Amen.**

All sing

Hymn

“We are marching in the light of God,” *Siyahamba*

The musical score consists of four staves of music in G major, common time. The first staff features a treble clef, the second a bass clef, the third a treble clef, and the fourth a bass clef. The music is divided into four sections, each starting with a dotted half note. The first section contains three lines of lyrics: "We are march - ing in the light of God, we are march-ing in the light of God.", "We are sing - ing in the light of God, we are sing - ing in the light of God.", and "We are liv - ing in the light of God, we are liv - ing in the light of God." The second section contains three lines: "We are march - ing in the light of God, we are march-ing in the light of God.", "We are sing - ing in the light of God, we are sing - ing in the light of God.", and "We are liv - ing in the light of God, we are liv - ing in the light of God." The third section contains three lines: "We are march-ing _____ Oo____ we are march-ing in the light of God.", "We are sing - ing _____ Oo____ we are sing - ing in the light of God.", and "We are liv - ing _____ Oo____ we are liv - ing in the light of God." The fourth section contains three lines: "We are march-ing _____ Oo____ We are march-ing in the light of God.", "We are sing - ing _____ Oo____ We are sing - ing in the light of God.", and "We are liv - ing _____ Oo____ We are liv - ing in the light of God." Measure numbers 1, 2, 3, and 4 are placed above the first, second, third, and fourth staves respectively. Measure 3 is marked with a '3' above the staff, and measure 4 is marked with a '3' above the staff.

Dismissal

Go in peace to love and serve the Lord. Alleluia, Alleluia.

Thanks be to God. Alleluia, Alleluia.

Postlude

Toccata (Suite for Organ), Florence Price (1887-1953)

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