



**THE HOLY EUCHARIST**  
SIXTEENTH SUNDAY AFTER PENTECOST  
September 13, 2026 • 10:00am

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*Welcome to St. Paul's! We are grateful for your presence in worship and look forward to welcoming you into this life we share through the love of Jesus Christ! Please don't forget to silence your devices as our worship service begins.*

*Families are welcome to sit anywhere they would like, including our dedicated children's area in the Chapel, which features self-directed activities and books. Restrooms are located in the Parish Hall on the Occidental Avenue side of the church campus. Our worship service is live-streamed on St. Paul's YouTube Channel, where we welcome online friends to pray with us.*

*All are warmly invited to participate in Holy Communion at St. Paul's. If you prefer not to receive the wine, simply cross your arms over your chest as the Eucharistic Minister greets you saying, "the Blood of Christ, the Cup of Salvation." Thank you for sharing the light of your presence with our community! May God's presence be very near to you in this holy season!*

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Prelude

*Liebster Jesu*, Johann Sebastian Bach (1685-1750)

*All stand to sing*

Processional Hymn 410

"Praise, my soul, the King of heaven," *Lauda anima*

Opening Acclamation

Celebrant Blessed be God: Father, Son, and Holy Spirit.

**People And blessed be God's kingdom, now and for ever. Amen.**

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love  
you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

*All sing*  
Song of Praise

*Gloria (A Centennial Mass), Sarah MacDonald (b. 1968)*

*Organ*

*f*

Glo - ry to God in the high - est, Glo - ry to God in the high -

*mf* *mp*

est, the high - est, and peace to his peo - ple on earth, and

*Organ*

peace to his peo - ple on earth, his peo - ple on earth;

*Choir mp*

Lord God, hea - ven - ly King, Al - migh - ty God and Fa - ther, Lord God, hea - ven - ly King, Al -

*p Choir mp*

migh - ty God and Fa - ther, We wor - ship you, we give you thanks, we

*mp*

praise you for your glo - ry; We wor - ship you, we give you thanks, we

*mp*

praise you for your glo - ry; *Organ* Lord Je - sus Christ,

*mf*

on - ly Son of the Fa - ther, Lord God, Lamb of God, you take a - way the sin of the

39 *Choir* *mf*  
 world: Je - sus Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, you

42 *mp* *mp*  
 take a - way the sin of the world: have mer - cy on us; *Organ* you are

46 *mf*  
 sea - ted at the right hand of the Fa - ther: re - ceive our prayer, re - ceive our

49 *Organ* *(♩ = ♩.)*  
 prayer. For

53  
 you a - lone are the Ho - ly One, You a - lone are the Ho - ly

56 *mf* *f*  
 One, the Ho - ly One, you a - lone are the Lord, — you a -

59 *ff* *(♩ = ♩.)*  
 lone are the Most — High, the Most — High, — Je - sus Christ, with the

62 *f* *(♩ = ♩.)*  
 Ho - ly Spi - rit, in the glo - ry of God the Fa - ther. A - men, A -

66  
 men, A - men, A - men. — A - men, — A - men.

## The Collect of the Day

Celebrant The Lord be with you.

**People And also with you.**

Celebrant Let us pray.

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*The people are seated.*

## The First Lesson

Exodus 14:19-31

A Reading from the Book of Exodus.

The angel of God who was going before the Israelite army moved and went behind them; and the pillar of cloud moved from in front of them and took its place behind them. It came between the army of Egypt and the army of Israel. And so the cloud was there with the darkness, and it lit up the night; one did not come near the other all night.

Then Moses stretched out his hand over the sea. The Lord drove the sea back by a strong east wind all night, and turned the sea into dry land; and the waters were divided. The Israelites went into the sea on dry ground, the waters forming a wall for them on their right and on their left. The Egyptians pursued, and went into the sea after them, all of Pharaoh's horses, chariots, and chariot drivers. At the morning watch the Lord in the pillar of fire and cloud looked down upon the Egyptian army, and threw the Egyptian army into panic. He clogged their chariot wheels so that they turned with difficulty. The Egyptians said, "Let us flee from the

Israelites, for the Lord is fighting for them against Egypt."

Then the Lord said to Moses, "Stretch out your hand over the sea, so that the water may come back upon the Egyptians, upon their chariots and chariot drivers." So Moses stretched out his hand over the sea, and at dawn the sea returned to its normal depth. As the Egyptians fled before it, the Lord tossed the Egyptians into the sea. The waters returned and covered the chariots and the chariot drivers, the entire army of Pharaoh that had followed them into the sea; not one of them remained. But the Israelites walked on dry ground through the sea, the waters forming a wall for them on their right and on their left.

Thus the Lord saved Israel that day from the Egyptians; and Israel saw the Egyptians dead on the seashore. Israel saw the great work that the Lord did against the Egyptians. So the people feared the Lord and believed in the Lord and in his servant Moses.

*After the reading, the reader says*

Reader Hear what the Spirit is saying to God's people.

**People Thanks be to God**

*All stand to sing*  
Hymn 627

"Lamp of our feet, whereby we trace," *Nun danket all und bringet Ehr*

*The people are seated.*

## The Second Lesson

Romans 14:1-12

A Reading from the Letter of Paul to the Church in Rome.

Welcome those who are weak in faith, but not for the purpose of quarreling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgment on those who eat; for God has welcomed them. Who are you to pass judgment on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand.

Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. Those who observe the day, observe it in honor of the Lord. Also those who eat, eat in honor of

the Lord, since they give thanks to God; while those who abstain, abstain in honor of the Lord and give thanks to God. We do not live to ourselves, and we do not die to ourselves. If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. For to this end Christ died and lived again, so that he might be Lord of both the dead and the living. Why do you pass judgment on your brother or sister? Or you, why do you despise your brother or sister? For we will all stand before the judgment seat of God. For it is written,

"As I live, says the Lord, every knee shall bow to me, and every tongue shall give praise to God." So then, each of us will be accountable to God.

*After the reading, the reader says*

**Reader** Hear what the Spirit is saying to God's people.

**People** Thanks be to God.

*All stand.*

Gospel Alleluia

*A Centennial Mass, Sarah MacDonald (b. 1968)*

*Organ* *All sing*

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

*Choir* God is full of compassion and mercy, slow to anger and of great kindness.

*All sing Alleluias following organ introduction.*

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People Glory to you, Lord Christ.**

Peter came and said to Jesus, “Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?” Jesus said to him, “Not seven times, but, I tell you, seventy-seven times.

“For this reason the kingdom of heaven may be compared to a king who wished to settle accounts with his slaves. When he began the reckoning, one who owed him ten thousand talents was brought to him; and, as he could not pay, his lord ordered him to be sold, together with his wife and children and all his possessions, and payment to be made. So the slave fell on his knees before him, saying, ‘Have patience with me, and I will pay you everything.’ And out of pity for him, the lord of that slave released him and forgave him the debt. But that same slave, as he went out, came upon one of his fellow slaves who owed

him a hundred denarii; and seizing him by the throat, he said, ‘Pay what you owe.’ Then his fellow slave fell down and pleaded with him, ‘Have patience with me, and I will pay you.’ But he refused; then he went and threw him into prison until he would pay the debt. When his fellow slaves saw what had happened, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, ‘You wicked slave! I forgave you all that debt because you pleaded with me. Should you not have had mercy on your fellow slave, as I had mercy on you?’ And in anger his lord handed him over to be tortured until he would pay his entire debt. So my heavenly Father will also do to every one of you, if you do not forgive your brother or sister from your heart.”

*After the Gospel, the reader says*

Reader The Gospel of the Lord.

**People Praise to you, Lord Christ.**

*The people are seated.*

The Sermon

The Rev. Sarah C. Stewart

*All stand.*

## The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made, of one Being with the Father.  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
Who with the Father and the Son is worshiped and glorified.  
Who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

## The Prayers of The People

*The Book of Common Prayer, Form IV, p. 388*

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. In the Anglican cycle of prayer, we pray for The Anglican Church in Aotearoa, New Zealand and Polynesia and in the Diocesan cycle of prayer, we pray for St. Cyprian's, San Francisco and Holy Cross, Castro Valley.

Lord, in your mercy, **hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy, **hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy, **hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Lord, in your mercy, **hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We especially pray for the Brabec Family, Sally C., Tristan Dugas, Rodney Gehrke, LaDeana H., Sarah H., Michael Kimball, Matt Leum, Sonny Liu, Becky Loewy, Sergio M., Carolyn Mulliken, Sandra Pessner, Tami Stoecker, Craig Tam, and Carrie Vanden Boom.

Lord, in your mercy, **hear our prayer.**

We commend to your mercy all who have died, including all who have been killed in natural disasters, those killed in the mass shooting in Minneapolis, those killed in military conflicts around the globe, and Wendell Berry and Nomie Badilla, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy, **hear our prayer.**

*The Celebrant concludes*

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

## Prayers of Confession and Absolution

*Silence may be kept after the invitation to confession, after which the Ministers and People say*

**Most merciful God, we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart; we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ, have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.**

*The Celebrant, stands and says*

Almighty God have mercy on you, forgive you all your sins through our Savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Peace

*The Celebrant says to the people*

Celebrant The peace of Christ be always with you.

**People And also with you.**

*The people may greet one another with a sign of God's peace and then are seated.*

## Announcements

## Backpack Blessings and Offertory Sentence

Offertory Anthem *Walk together, children*, Spiritual, arr. Moses Hogan (1957-2003)

Offertory Anthem *Walk together, children*, Spiritual, arr. Moses Hogan (1957-2003)

*There's a great camp meetin'. Lawd, a great camp meetin' in the promised lan'.  
Oh, walk together, children, don't you get weary, there's a great camp meetin' in the promised lan'.  
Walk an' never tire. Sing an' never tire. Shout, an' never tire.*

*Oh, walk together, children, don't you get weary, there's a great camp meetin' in the promised lan'.*

*Oh, walk together, children, don't you get weary, there's a great camp meetin' in the promised lan'.*

*All stand to sing*  
Presentation Hymn 51

“We the Lord’s people,” *Decatur Place*

“We the Lord’s people,” *Decatur Place*

The Great Thanksgiving Eucharistic Prayer 2, *Enriching Our Worship*The Great Thanksgiving Eucharistic Prayer 2, *Enriching Our Worship*

*Celebrant* The \_\_\_\_\_ Lord be \_\_\_\_\_ with \_\_\_\_\_ you. *People* And \_\_\_\_\_ al - so with you.

*Celebrant* Lift \_\_\_\_\_ up your \_\_\_\_\_ hearts. \_\_\_\_\_ *People* We lift \_\_\_\_\_ them to \_\_\_\_\_ the Lord. \_\_\_\_\_

*Celebrant* Let us give thanks \_\_\_\_\_ to the Lord \_\_\_\_\_ our God.

*People* It is right \_\_\_\_\_ to give God thanks and praise. \_\_\_\_\_

We praise you and we bless you, holy and gracious God, source of life abundant.

From before time you made ready the creation. Your spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing.

You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us.

Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

All sing  
Sanctus

A Centennial Mass, Sarah MacDonald

*Organ* *Choir*

*All*

*f* Ho - ly, Ho - ly, Ho - ly Lord, God of pow-er and might,

*Organ*

*All*

Hea-ven and earth are full of your glo-ry, full of your glo-ry, Ho - san-na in the

high - est. Ho - san - na, Ho - san - na in the high - est.

*Organ*

*All*

*mp* Bless - ed is the One who comes in the Name of the Lord,

*mf* Bless - ed is the One who comes in the Name of the Lord,

*f* Ho - san - na in the high - est. Ho -

san - na, Ho - san - na in the high - - - est.

*The Celebrant continues*

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love.

Then the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you. On the night before he died for us, Jesus was at table with his friend. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As the supper was ending, Jesus took the cup of wine. Again he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## The Breaking of the Bread

*The Celebrant breaks the Bread. A period of silence is kept.*

## Fraction Anthem

*A Centennial Mass, Sarah MacDonald*

*Organ* *All sing*

*mp* Al - le - lu - ia, Al - le - lu - ia, Christ, our Pass-o-ver is sac-ri-ficed for us:

*mf* There-fore let us keep the Feast. *mp* Al - le - lu - ia, Al - le - lu - ya.

## Invitation to Communion

*All are welcome to receive Communion at St. Paul's. Gluten-free wafers are available upon request. If you should wish for Communion to be brought to you in your seat, please inform the ushers.*

*Please participate as you feel most comfortable, by receiving 1) a prayer of blessing indicated by crossing your arms over your chest; 2) consecrated bread or wine; 3) the bread and a blessing; 4) the bread and a sip from the chalice.*

## Communion Anthems

*Anthem, Sa Paula Tonga Choir*

*Sing gently, Eric Whitacre (b. 1970)*

*May we sing together, always  
May our voice be soft  
May our singing be music for others  
And may it keep others aloft  
Sing, sing gently, always  
Sing, sing as one  
May we stand together, always  
May our voice be strong  
May we hear the singing and  
May we always sing along  
Sing, sing gently, always  
Sing, sing as one  
Singing gently as one.*

*All stand to say*

The Postcommunion Prayer

*The Book of Common Prayer*, p. 365

**Eternal God, heavenly Father,  
you have graciously accepted us  
as living members of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

The Blessing

May the God who rolls on like a river,  
changing the course of history with mighty streams of righteousness,  
empower us to work with Christ for our world's transformation.  
And may the blessing of our merciful God,  
Creator, Savior, and Holy Spirit,  
renew us with joy from that wellspring of abundant life.  
**Amen.**

*All sing*  
Hymn

“Sing, my soul, his wondrous love”  
Music: Sarah MacDonald (b. 1968)

Words: John Bacchus Dykes (1823-1876)

1. Sing, my soul, his won-drous love, \_\_\_\_\_ who, from  
2. Heav'n and earth by him were made; \_\_\_\_\_ all is  
3. God, the merc-i-ful and good, \_\_\_\_\_ bought us  
4. Sing, my soul, a-dore his Name! \_\_\_\_\_ Let his  
yon bright throne a-bove, \_\_\_\_\_ e-ver watch-ful o'er our  
by his scep-ter swayed; \_\_\_\_\_ what are we that he should  
with the Sav-iour's blood, \_\_\_\_\_ and, to make sal-va-tion  
glo-ry be thy theme: \_\_\_\_\_ praise him till he calls thee  
race, still ex-tends \_\_\_\_\_ to us his  
show so much love \_\_\_\_\_ to us be-  
sure, guides us by \_\_\_\_\_ his Spi-rit  
home; trust his love \_\_\_\_\_ for all to  
grace, \_\_\_\_\_ still ex-tends \_\_\_\_\_ to us his grace.  
low, \_\_\_\_\_ so much love \_\_\_\_\_ to us be-low?  
pure, \_\_\_\_\_ guides us by \_\_\_\_\_ his Spi-rit pure.  
come, \_\_\_\_\_ trust his love \_\_\_\_\_ for all to come.

## The Dismissal

Priest Let us go forth, rejoicing in the power of the Spirit. Alleluia, alleluia!

People **Thanks be to God. Alleluia, alleluia!**

*The people remain standing until the procession has departed.*

## Postlude

*Präludium in F*, Fanny Hensel (1805-1847)

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