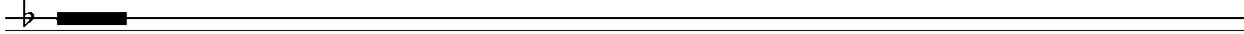




*Officiant*

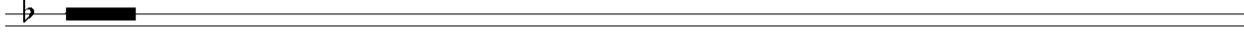


Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy



preserve us for ev - er. Spare us, good Lord.

*Officiant*



From all evil and wickedness; from sin; from the crafts and assaults of the



devil; and from everlast - ing dam - na - tion,

*People*

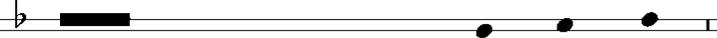


Good Lord, de - liv - er us.

*(This same response is sung after the petitions that follow)*

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

*People*



We beseech thee to hear us, good Lord.

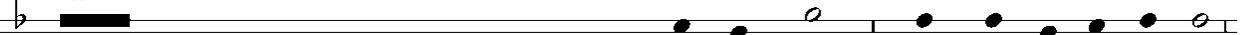
*(This same response is sung after the petitions that follow)*



*Officiant* Son of God, we beseech thee to hear us.

*People* Son of God, we beseech thee to hear us.

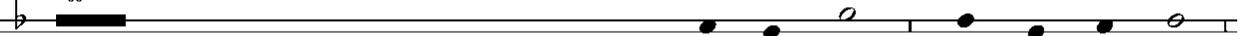
*Officiant*



O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

*Officiant*



O Lamb of God, that takest away the sins of the world, Grant us thy peace.

*Officiant*



O Christ, hear us.

*People*



O Christ, hear us.

The Collect of the Day

Celebrant The Lord be with you.

**People And also with you.**

Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated. Children are invited to congregate by the Celebrant and altar rail.*

For the Season of Lent: Children in the PrayGrounds and within the church are invited to congregate in front of the Celebrant’s chair by the altar rail. Once a group has formed, the congregation sings one verse of A Song of Hope as the children and their chaplains process out of the church to their chapel experience in the Parish Hall.

A Song of Hope

Words & Music: Choristers of St. Paul’s (2026)



1. We sing a wist - ful song — of hope  
 4. O God, you shape — all worlds — and time,  
 from blue clouds of joy and sad - ness.  
 You hold earth with love and com - fort.  
 Com - plex end - ings, lon - ging re - gret; your  
 Help us make a new world of hope, as  
 waves of peace flow deep be - low.  
 we re - joice in your good word.

*The people are seated.*

A Reading from the Book of Genesis

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*After the reading, the reader says*

**Reader** Hear what the Spirit is saying to God's people.

**People** Thanks be to God.

Psalm 32:1-8

*Chant*

*Cantor sings Refrain. All sing Refrain. Cantors sing verses.*

**Refrain**

Hap - py are they whose trans - gres - sions are for - giv - en,  
and whose sin is put a - way!

1 Happy are they whose transgressions are forgiven, \*  
and whose sin is put away!

2 Happy are they to whom God imputes no guilt, \*  
and in whose spirit there is no guile!

*All sing Refrain.*

3 While I held my tongue, my bones withered away, \*  
because of my groaning all day long.

4 For your hand was heavy upon me day and night; \*  
my moisture was dried up as in the heat of summer.

*All sing Refrain.*

- 5 Then I acknowledged my sin to you, \*  
and did not conceal my guilt.
- 6 I said, "I will confess my transgressions to God." \*  
Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble; \*  
when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place; you preserve me from trouble; \*  
you surround me with shouts of deliverance.

*All sing* **Refrain.**

## The Second Lesson

Romans 5: 12-19

A reading from the Letter of Paul to the Church in Rome

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

*After the reading, the reader says*

Reader Hear what the Spirit is saying to God's people.

**People Thanks be to God.**

*All stand to sing stanzas 1-3*

Sequence Hymn 147

"Now let us all with one accord," *Bourbon*

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People Glory to you, Lord Christ.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone,  
but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'  
and 'On their hands they will bear you up,  
so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God,  
and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

*After the Gospel, the reader says*

Reader The Gospel of the Lord.

**People Praise to you, Lord Christ.**

*The people are seated.*

Sermon

The Rev. Nick W. Roosevelt

*During the season of Lent, a moment of prayerful reflection is observed following the sermon.*

*All stand.*

## Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary, and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son she is worshiped and glorified.  
She has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## The Peace

*All stand. The Celebrant says to the people*

Celebrant Blessed be Christ the Prince of peace, who breaks down the walls that divide us:  
**People praise to Jesus Christ who is our peace.**

*The people may greet one another with a sign of God's peace and then are seated.*

## Offertory Anthem

*Lord, Have Mercy, Undine Smith Moore (1904-1989)*

*Lord, have mercy, Lord, have mercy on-a-me.  
Christ, have mercy on-a-me.  
Ev'ry evening, Ev'ry morning, Christ, have mercy on me.  
Lord, have mercy on me, Lord.*



Sanctus *sung by all*

*Missa Oecumenica*, Richard Proulx (1937-2010)

Ho - ly, Ho - ly, Ho - ly Lord, Lord God of hosts. \_\_\_\_\_

Heav'n and earth are full of your glo - ry. Ho - san - na in the

high - est. Bless'd is the one who comes in the name of the Lord. \_\_\_\_\_

Ho - san - na in the high - est, ho - san - na in the high - est.

*Celebrant continues*

All glory be to you, Most Holy One, for that you created heaven and earth, and made us in your own image; and, of your tender mercy, gave your only Son Jesus Christ to take our human nature and to suffer death upon the cross for our redemption. Jesus there made a full and complete sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, Our Savior took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, Jesus took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as you shall drink it, in remembrance of me."

Wherefore, O Lord, we your people do celebrate and make, with these your holy gifts which we now offer unto you, the memorial your Son has commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for Christ's coming again with power and great glory.

And we most humbly beseech you, O merciful God, to hear us, and, with your Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of your dearly-beloved Son Jesus Christ.

And we earnestly desire your goodness to accept this, our sacrifice of praise and thanksgiving, whereby we offer and present unto you, O Lord, our selves, our souls and bodies.

Grant, we pray, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of your Son Jesus Christ, and be filled with your grace and heavenly benediction; and also that we and all your whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Spirit all honor and glory be unto you, Almighty God, world without end. **AMEN.**

As our Savior Christ has taught us we are bold to pray

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## The Breaking of the Bread

*The Celebrant breaks the Bread. A period of silence is kept.*

### Agnus Dei

*Chant*

Cantor  
Lamb of God, you take a - way the sins of the world:

All  
have mer - cy on us. Cantor  
Lamb of God, you take a - way the

sins of the world: All  
have mer - cy on us. Cantor  
Lamb of God,

you take a - way the sins of the world: All  
grant us peace.

### Invitation to Communion

The gifts of God for the people of God.

*All who seek God and are drawn to Christ are welcome to receive the bread and the wine, if desired. Usbers will invite you forward by rows to approach the rail, where you may kneel or stand to receive Communion. If you would like Communion brought to your seat, please let an usher know.*

*Gluten-free wafers are available upon request. In addition to the consecrated bread, wine in the chalice is available to those who wish to receive it. Please drink directly from the cup, guiding it to your mouth, and do not intinct (dip) the bread. Feel free to return to your seat if you do not wish to sip from the cup.*

*To indicate a prayer of blessing is preferred, please cross your arms over your chest as the communion minister comes to you. However you choose to share in this sacred meal, we pray God's love strengthens you in your Lenten journey.*

### Communion Anthem

*Come, renew us, Eleanor Daley (b. 1955)*

*Come, Lord, come to us, enter our darkness with your light,  
Fill our emptiness with your presence,  
Come, refresh, restore, renew us.*

*In our sadness come as joy, in our troubles, come as peace,  
In our fearfulness, come as hope, in our darkness, come as light,  
In our frailty, come as strength, in our loneliness, come as love,  
Come, refresh, restore, renew us.*

*~ David Adam (1936-2020)*

*All stand to say*

The Postcommunion Prayer

**Compassionate God, you have fed us with the bread of heaven. Sustain us in our Lenten pilgrimage: May our fasting be hunger for justice; our alms, a making of peace; and our prayer, the song of grateful hearts; through Jesus Christ our Savior and Lord. Amen.**

The Lenten Prayer over the People

*The Priest offers a reminder of God's extravagant love and sends the people into the world to share God's blessing.*

Presider      Bow down your hearts before the Lord our God.

Most Merciful One, grant to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Savior. **Amen.**

The Blessing

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of the Merciful Creator, Loving Savior, and Transforming Spirit, be among you this day and remain with you forever. **Amen.**

*All sing*

Hymn 469

“There’s a wideness in God’s mercy,” *St. Helena*

The Dismissal

Go in peace to love and serve the Lord.

**Thanks be to God.**

Postlude

*Introduzione Pastorale (Lobgesang), Fanny Hensel (1805-1847)*

*During this season of Lent, all are invited to quietly linger in the church following the postlude, creating a sacred space for prayer and contemplation before going back into the world.*

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