



HOLY EUCHARIST
Tenth Sunday after Pentecost
August 2, 2026 • 10:00am

Welcome to St. Paul's! We are grateful for your presence in worship and look forward to welcoming you into this life we share through the love of Jesus Christ! Please don't forget to silence your devices as our worship service begins.

Families are welcome to sit anywhere they would like, including our dedicated children's area in the Chapel, which features self-directed activities and books. Restrooms are located in the Parish Hall on the Occidental Avenue side of the church campus. Our worship service is live-streamed on St. Paul's YouTube Channel, where we welcome online friends to pray with us.

All are warmly invited to participate in Holy Communion at St. Paul's. If you prefer not to receive the wine, simply cross your arms over your chest as the Eucharistic Minister greets you saying, "the Blood of Christ, the Cup of Salvation." Thank you for sharing the light of your presence with our community! May God's presence be very near to you in this holy season!

Prelude

Fantasmagorie, Jehan Alain (1911-1940)
~ a whimsical early draft of today's postlude

All stand to sing stanzas 1, 2, 5

Processional Hymn 427

"When morning gilds the skies," Laudes Domini

Opening Acclamation

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love
you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All sing
Song of Praise

Glory to you, John Rutter (b. 1945)

1. Glo - ry to you, Lord

God of our fa - thers; you are wor - thy of praise;

glo - ry to you. 2. Glo - ry to you

— for the ra - di - ance of your ho - ly Name; we will

praise you and high - ly ex - alt you for ev - er.

3. Glo - ry to you in the splen - dor of your

tem - ple; on the throne of your ma - jes - ty, glo - ry to

you. 4. Glo - ry to you, seat - ed bet -

ween the Cher - u - bim; we will praise you and

high - ly ex - alt you for ev - er.

Descant

5. Glo - ry to you, _____ be -

5. Glo - ry to you, _____ be - hold - ing the

hold - ing the depths; _____ in the high vault of

depths; _____ in the high vault of hea - ven, glo - ry to

hea - ven, 6. Glo - ry to you, _____

you. _____ 6. Glo - ry to you, _____ Fa - ther,

— Fa - ther, Son, and Ho - ly Spi - rit; we will

Son, and Ho - ly Spi - rit; _____ we will praise you and

high - ly ex - alt you Glo - ry to you! _____

high - ly ex - alt you for ev - er. _____

Music: John Rutter (b. 1945). Copyright © 1985 Oxford University Press, Inc.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The people are seated.

The First Lesson

Genesis 32:22-31

A Reading from the Book of Genesis

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So

he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Penuel, limping because of his hip.

After the reading, the reader says

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Choir sings Refrain. All sing Refrain.

Organ

All

Built on faith, _____ and grow - ing in _____ joy.

- 1 Hear my plea of innocence, O God; give heed to my cry; *
listen to my prayer, which does not come from lying lips.
- 2 Let my vindication come forth from your presence; *
let your eyes be fixed on justice.
- 3 Weigh my heart, summon me by night, *
melt me down; you will find no impurity in me.
- 4 I give no offense with my mouth as others do; *
I have heeded the words of your lips.

All sing Refrain.

- 5 My footsteps hold fast to the ways of your law; *
in your paths my feet shall not stumble.
- 6 I call upon you, O God, for you will answer me; *
incline your ear to me and hear my words.
- 7 Show me your marvelous loving-kindness, *
O Savior of those who take refuge at your right hand
from those who rise up against them.
- 16 But at my vindication I shall see your face; *
when I awake, I shall be satisfied, beholding your likeness.

All sing Refrain.

A Reading from Paul's Letter to the Church in Rome

I am speaking the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and

to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is overall, God blessed forever. Amen.

After the reading, the reader says

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

All stand.

Gospel Alleluia

A Centennial Mass, Sarah MacDonald (b. 1968)

Organ All sing

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

Choir I shall see your face; when I awake.

All sing Alleluias following the organ introduction.

The Holy Gospel

Matthew 14:13-21

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have

nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

After the Gospel, the Deacon says

Reader The Gospel of the Lord.

People Praise to you, Lord Christ.

The people are seated.

The Sermon

The Rev. Sarah C. Stewart

All stand.

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
Who with the Father and the Son is worshiped and glorified.
Who has spoken through the Prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of The People

From United Religions Initiative's Prayers for Nuclear Prayer Day

Today we especially call to mind the 81st anniversary of the bombings of Hiroshima and Nagasaki – the people most impacted by that deadly act of terror and those communities still suffering from the aftermath and consequences of nuclear war.

We join with people of many faiths and traditions around the world in acknowledging the Beginning and the End are in your hands, O Creator of the Universe.

And in our hands you have placed the fate of this planet.

Tested by having both creative and destructive power in our free will, we turn to you in sober fear and in intoxicating hope.

We ask for your sacred imagination to guide our deliberations about the use of nuclear force.

Help us to lift the fog of atomic darkness that hovers so pervasively over our Earth, Your Earth, and generations of Your people so that soon all eyes may see life magnified by your pure light.

Bless all of us who wait today for your Presence and who dedicate ourselves to achieve your intended peace and rightful equilibrium, restoration, and healing on Earth amongst all peoples and cultures.

Guide us, people of the gospel, to live in ways that are transformative. Strengthen us to be a prophetic voice

So that Your invitation to mercy, companionship and care, and liberation is what people experience.

Empower the poor of our world, and the governments called to assist them in their need.

May our policies strengthen our resolve to build caring relationships and communities that protect and nurture all life.

For the sick and all who continue to suffer in our world. We especially pray for those who have requested the prayers of this community, including John & Gitti Anderson, The Brabec Family, Diane and Peter Carey, Sally C., Renato Floresca, Rodney Gehrke, LaDeana H., Michael Kimball, Matt Leum, Sonny Liu, Carolyn Mulliken, Jen Norman, Jim Prescott, Ricky Sanner, Craig Tam, and Carrie Vanden Boom.

We pray for their healing and wholeness.

Let us be mindful of the dead, especially those 150,000 - 246,000 killed when the United States detonated two aerial atomic bombs 81 years ago, for the dead and their families and communities. We also pray for all who have died and who continue to die, soldiers and civilians, in wars that are still being waged around the world. May all who have died come into the fullness of life, united with God in the communion of the faithful, we pray.

Let perpetual light shine upon them.

O God, your loving care for us calls for our gratitude, generosity, and love. Multiply, once again, your abundant mercy toward us; renew your covenant with us; and let our hearts overflow with godly love for others.

In the Name of all that is holy and all that we hope. Amen.

Prayers of Confession and Absolution

Silence may be kept after the invitation to confession, after which the Ministers and People say

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant, stands and says

Almighty God have mercy on you, forgive you all your sins through our Savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

All stand. The Celebrant says to the people

Celebrant The peace of Christ be always with you.

People And also with you.

The people may greet one another with a sign of God's peace and then are seated.

Announcements

Offertory Anthem

On wings of song, Gwyneth Walker (b. 1947)

*Had I the wings of a turtle dove,
How I would fly! I'd fly away
To realms of joy and light and love,
In shining portals of the day.*

Give me the wings of a turtle dove,
And I would fly on up to my aerie nest.
I'd find the peace of Heaven above,
With loving friends I'd take my rest.
In the arms of friends, I'd take my rest.

*Though through this weary world I tread,
At morn The Spirit is my friend.
At noon and e'er at last I take my bed,
My prayer shall still to Thee ascend.*

*And on my path I move along
Through life's short brilliant, fleeting day,
I carry in my heart a song
Until the final sunset ray.*

~Adapted from Caroline L. Goodenough (1856-1946)

All stand to sing stanzas 1-3
Presentation Hymn 318

“Here, O my Lord,” *Nyack*

The Great Thanksgiving

Eucharistic Prayer A, *The Book of Common Prayer*, p. 361

Celebrant *People*

The Lord be with you. And also with you.

Celebrant *People*

Lift up your hearts. We lift them to the Lord.

Celebrant

Let us give thanks to the Lord our God.

People

It is right to give God thanks and praise.

It is indeed right and good, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All sing
Sanctus

A Centennial Mass, Sarah MacDonald

Organ *Choir*

All
f Ho - ly, Ho - ly, Ho - ly Lord, God of pow-er and might,

Organ

All
Hea-ven and earth are full of your glo-ry, full of your glo-ry, Ho - san-na in the
high - est. Ho - san - na, Ho - san - na in the high - est.

Organ

All
mp Bless - ed is the One who comes in the Name of the Lord,

mf Bless - ed is the One who comes in the Name of the Lord,

f Ho - san - na in the high - est. Ho -
san - na, Ho - san - na in the high - - - est.

The Celebrant continues the Eucharistic Prayer as the people join in sacramental witness, speaking to the mystery of God's saving grace.

...Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's life, death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ, our Savior: By whom, and with whom, and in whom, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the Bread. A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia.

Fraction Anthem

A Centennial Mass, Sarah MacDonald

Organ *All sing*

mp Al - le - lu-ia, Al - le-lu-ia, Christ, our Pass-o-ver is sac-ri-ficed for us:

mf There-fore let us keep the Feast. *mp* Al - le - lu-ia, Al - le-lu - ya.

Invitation to Communion

All are welcome to receive Communion. Gluten-free wafers are available upon request. Please participate as you feel most comfortable, by receiving 1) a prayer of blessing; 2) consecrated bread or wine; 3) the bread and a blessing; 4) the bread and a sip from the chalice.

Communion Anthem

The Road Home, Stephen Paulus (1949-2014)

*Tell me, where is the road
I can call my own,
That I left, that I lost,
So long ago?
All these years I have wandered,
Oh, when will I know
There's a way, there's a road
That will lead me home?

After wind, after rain,
When the dark is done.
As I wake from a dream
In the gold of day,
Through the air there's a calling
From far away,
There's a voice I can hear
That will lead me home.*

*Rise up, follow me,
Come away, is the call,
With the love in your heart
As the only song;
There is no such beauty
As where you belong:
Rise up, follow me,
I will lead you home.*

~ Michael Dennis Browne (b. 1940)

All stand to say

The Postcommunion Prayer

The Book of Common Prayer, p. 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

All sing

Hymn 580

“God, who stretched the spangled heavens,” *Holy Manna*

The Dismissal

Let us go forth in the name of Christ. **Thanks be to God.**

The people are seated after the procession departs, through the postlude.

Postlude

Litanies, Jehan Alain

“When the Christian soul in distress can no longer find new words to implore the mercy of God, she repeats without ceasing the same invocation with a vehement faith. Reason reaches its limit. Faith alone continues the ascent.”

~inscription by Jehan Alain on the score for *Litanies*

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